

Patients and Treatment: Between April 1997 and October 1998 fifty (50) patients (mean age 63 yrs, range 31–76 yrs) with Metastatic Breast Cancer were enrolled in this study. Twenty three (23) patients had received adjuvant combination chemotherapy, fourteen (14) CMF and nine (9) FEC, sixteen (16) patients had received adjuvant radiotherapy and twenty nine (29) hormonal therapy. All patients were treated on an outpatient basis with Paclitaxel (P) 175 mg/m² in 3 hours infusion and Mitoxantrone (M) 12 mg/m² in 30 minutes infusion i.v every 3 weeks for 6 courses. Patients were premedicated with standard antiemetic and antiallergic regimens. All patients received G-CSF for 5 days.

Results: All patients were evaluable for toxicity and response. Grade 3–4 toxicity included neutropenia (12 pts), thrombocytopenia (1 pt), peripheral neuropathy (7 pts) and cardiac toxicity (5 pts). Febrile neutropenia occurred in 2 pts. Grade 3 alopecia was observed in all patients. The objective response rate was 44% (16% Complete response and 28% Partial response). The mean survival was 18, 36 ± 1.06 months (C.I. 16, 29–20, 43).

Conclusions: Combination chemotherapy with Paclitaxel and Mitoxantrone is feasible, well tolerated and highly effective as first line treatment in patients with Metastatic Breast cancer.

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PUBLICATION

A phase II trial of gemcitabine as prolonged infusion in metastatic breast cancer

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Gemcitabine is all active agent in the treatment of metastatic breast cancer. The objective of this phase II trial was to determine the efficacy and safety of gemcitabine as prolonged infusion in patients with metastatic breast cancer.

20 Patients [median age 50.4 yrs, range 35–63 yrs; performance status EORTC 0 (17 pts), 1 (2 pts), 2 (1 pt)] with metastatic breast cancer were treated with 250 mg/m² gemcitabine as infusion over 6-hours on days 1, 8 and 15 q3 weeks for up to 6 courses (median 3.9 courses). Treatment was 1st line for 4 pts, 2nd line for 5 pts and ≥3rd line for 11 pts. Metastatic sites were liver in 14 pts, bone in 12 pts, pleuropulmonary in 8 pts and lymph nodes in 9 pts. 9 patients presented 2 metastatic sites, 3 pts 3 and 5 pts 4. All patients were evaluable for response and toxicity. One patient (5%) achieved a CR and 4 patients (20%) a PR (1 pt with CR of visceral metastases but stable bone metastases), for an overall response rate of 25% (5/20). In addition, 6 patients (30%) had stable disease and 9 (45%) failed to response to the treatment. Time to progression ranged from 2–23 months with a median of 6.3 months. Hematologic toxicity was mild with leukopenia grade 3 in only 3 pts (15%) and no grade 3 thrombocytopenia. Moderate elevations of liver enzymes (3 pts grade 3), nausea and vomiting (2 pts grade 2) and mild alopecia were observed, but only 1 patient had to be withdrawn due to toxicity.

In conclusion gemcitabine as prolonged infusion is an effective treatment in metastatic breast cancer. Toxicity especially myelosuppression is surprisingly mild. Therefore, gemcitabine seems to be ideal for combination therapies.

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PUBLICATION

Sequential therapy of taxol followed by vinorelbine and cisplatin as second line in advanced breast cancer

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Introduction: This study was based in results obtained in several sequential treatments, recent clinical evidences in schedules of dose dense and introduction of new active drugs in the treatment of breast cancer. Patients with advanced breast cancer and previously treated, received a sequential therapy with shortening the intertreatment interval with Taxol followed by combination Vinorelbine plus Cisplatin.

Materials and Methods: Up to date, 20 patients were enrolled with diagnostic histology of breast cancer with metastatic disease and normal hematologic, renal and hepatic functions, who had previously received any chemotherapy. Treatment was Taxol 175 mg/m² given as a 3 hours infusion repeated every two weeks for four courses followed by combination of Vinorelbine: 20 mg/m² day 1 and Cisplatin: 75 mg/m² day 1 repeated every two weeks for three courses. The combination was administered 14 days after Taxol. Granulocyte colony stimulating factor was used in this trial at 5 mcg/kg days 3–10 when hematologic toxicity was observed.

Results: Median age was 48.5 years, ranging from 41 to 65 years. 139 courses of Taxol and Vinorelbine plus Cisplatin were administered. The toxicity per cycle observed was: 1 anemia grade III–IV (0.71%); 8

neutropenia grade III–IV (5.7%) and 31 nausea/vomiting (22.3%). Of 17 patients evaluable for response, the responses obtained have been: five complete responses (29.4%), ten partial responses (58.8%), one stable disease and one progression. Response rate obtained was 88.2%. At a median follow-up of 8 months (ranging from 3 to 13+ months), 14 are alive, 2 of them without disease. Three patients died of progression disease, one during time of treatment and two during follow-up.

Conclusion: Up to date, results obtained show hematologic and non-hematologic toxicity acceptable and high objective response in patients treated with Taxol followed by Vinorelbine and Cisplatin.

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PUBLICATION

Long-term weekly paclitaxel over 1 hour infusion with limited premedication. A phase II trial report

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Preclinical data have shown that Paclitaxel (P) is a schedule dependent drug, however the optimal schedule of administration remains undefined. In addition, preclinical reports have documented that paclitaxel has apoptotic and antiangiogenic properties.

The feasibility, activity and toxicity of protracted weekly 1-hour infusions of Paclitaxel were evaluated in 34 patients (pts) with metastatic breast cancer previously treated (adjuvant only: 26%, metastatic: 74%).

Paclitaxel 80 mg/m² weekly was administered over 1 hour on an outpatient basis until disease progression or limiting toxicity. Dexamethasone 8 mg, diphenhydramine 30 mg, and ranitidine 50 mg were given i.v. immediately prior to each dose of P. All pts gave written informed consent. Pts characteristics were: median age: 60 (35–80), PS: 0–2, pre/postmenopausal: 11/23 pts. Dominant metastatic site included were: lung (38%), liver (18%), bone (41%) and soft tissue (50%). Ninety-one percent of the patients received prior anthracycline treatment.

Having administered 951 weekly infusions (median 27 doses per patient, range: 4–78) no serious hypersensitivity reactions were noted. Median cumulative dose was 2160 mg/m² (320–6240). The overall response rate was 18/34 (53%, 95% CI: 36–69), CR: 3/34 (9%), PR: 15/34 (44%), SD: 9/34 (26%) and PD: 7/34 (21%). Median time to progression: 9 months, median survival: 14 months (2–35). Toxicity (NCI criteria): No Grade 4 toxicity was observed. No febrile neutropenia. The worst neuropathy was grade 3 (1 pts) Onycholysis/onychomycosis was noted in 10 pts (30%).

Conclusions: Long-term weekly administration of Paclitaxel is an active regimen with manageable toxicity. This schedule allows a high cumulative dose of P without cumulative myelotoxicity or prohibitive neurotoxicity. This weekly regimen deserves further exploration.

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PUBLICATION

Docetaxel in paclitaxel-pretreated advanced breast cancer patients

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Purpose: Preliminary data obtained both in vitro and in vivo suggest that paclitaxel and docetaxel may not be fully cross-resistant drugs in breast cancer. A recent series reported by Valero (JCO '98) showed a response rate of 18% in 46 paclitaxel-refractory breast cancer patients after docetaxel treatment.

Methods: From January '97 to September '98 14 patients with metastatic breast cancer, previously exposed both to epirubicin and paclitaxel-containing regimens, were treated with Docetaxel 100 mg/sqm every 3 weeks plus G-CSF (lenograstim 150 mcg/sqm every other day for 4 doses starting on day 4). Premedication with dexamethasone 8 mg i.m. on days – 1, 0, 1, 2 was applied to all pts.

Results: Patient data: median age 56 yrs (range 37–63); all patients were postmenopausal; PS 0–1/2–3: 9/5 pts; dominant metastatic sites: viscera 10 pts, bone 2, soft tissue 2; >2 metastatic sites: 8 pts; docetaxel was a 1st line therapy in one pt, 1st line in 7 and 1st line in 6 respectively. Previous median cumulative dose was 1050 mg/sqm for paclitaxel and 600 mg/sqm for epirubicin; previous response to paclitaxel-based regimen: partial response in 3 pts, stable disease in 9 and progression in 2. Median number of docetaxel courses was 6 (2–6) and median cumulative dose was 600 mg/sqm (200–600). All pts were evaluated for toxicity and response. G2 anemia was observed in one pt, with no G3–4 neutropenia or throm-